

Tending to Business: The Foot and Ankle Center of New Jersey - NorthJersey.com

NorthJersey.com



EAMON HARBORD/TOWN NEWS

Buy this photo

For years, **Dr. Emanuel Haber** has worked to stay at the forefront of new medical technology to assist his patients. And he is able to continue doing so with the acquisition of the Noveon Laser at his practice, The Foot and Ankle Center of New Jersey, 30 W. Century Road, Suite 240, Paramus.

With the addition of the Noveon Laser, Haber becomes the first podiatrist in northern New Jersey to offer a cool laser to treat fungal infections, rather than the more common heat-based laser.

The Noveon Laser uses light waves to eliminate the fungus, treating only the affected area and leaving the remaining healthy tissue alone.

"Lasers create heat and can cut through tissue," Haber said. "But there are certain wavelengths that use light instead to kill the fungus. With a cold laser, it's more comfortable for the patient and merely creates a tingling sensation."

According to Haber, his new laser treatment will not only remove the fungal infection, but also go to the root of the problem – the nail bed and nail root – where the infection begins. By focusing on the entire problem, instead of just the nail itself, Haber can make sure that the infection will not return.

But the laser technology is not the only treatment offered by Haber. As the "GP," or general practitioner of podiatry, Haber has specialized in a variety of procedures for his patients, who range in age from 18 months to 103 years old.

He is board certified for surgery, but looks to find methods of treatment that will instead lessen any pain and increase recovery time without opting for surgery.

For the athlete in pain, there is platelet rich plasma therapy to aid in the regeneration of ligament and tendon injuries. Using the patient's own blood, a vial is separated into its various components, and then the platelets are injected into the injured area to spur tissue recovery. When it comes to heel pain or heel spurs, patients have the option of an electrocorporeal shockwave therapy, which helps send additional blood to an afflicted area, or a topaz procedure, where small one-centimeter incisions are made to relieve pressure.

"Being a GP is a fun field," Haber said. "I run the gamut from pediatric podiatry to geriatric podiatry to diabetic podiatry. I try to keep on the cutting edge and look out for new technology for my patients."

Custom orthotics (inserts) are also available for the prevention and treatment of a wide array of foot, lower back and lower extremity problems. And for the convenience of patients and to help expedite a diagnosis, there is an X-ray machine and developer on site.

Haber received his Doctor of Podiatric Medicine degree from the Ohio College of Podiatric Medicine in 1984 and a bachelor's degree in biology from Case Western Reserve University in 1980. Both schools are in Cleveland. He completed his podiatric surgical residency at St. Michael's Hospital in Newark. Haber is on staff at The Valley

Hospital in Ridgewood, and when surgery is necessary operates on an outpatient basis at the Paramus Surgical Center or at The Valley Hospital.

The Foot and Ankle Center of New Jersey is open Mondays, 1 to 8 p.m.; Tuesdays, 9 a.m. to 3 p.m.; Thursdays, 1 to 6 p.m.; and Wednesdays and Fridays by appointment only.

For more information, call 201-599-5911 or visit bergenfootpain.com.

—Eamon Harbord

North Jersey Media Group Inc.